Rabbit Polka (France)

This dance features the use of mime. In France it is also known as the Polka Du Lapin.
Here are three versions of the rabbit polka, but many more may be invented.

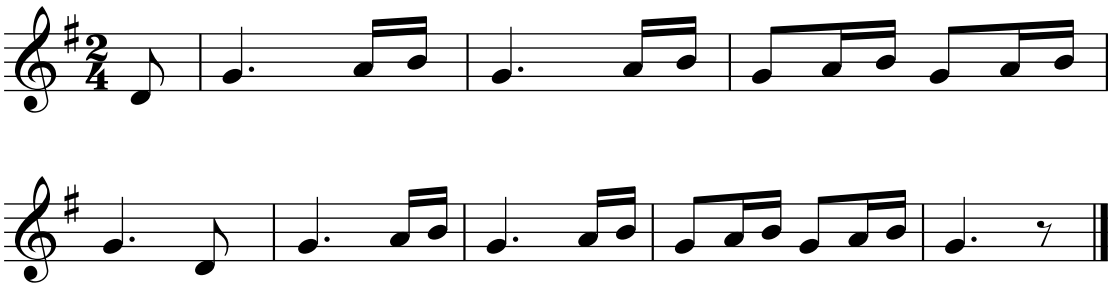
Introduction: 8 beats

Formation 1: Free

Dancers are seated in their own space on the floor freely distributed around the room.

Part A

Singing the melody,



the teacher introduces Rabbit Ears and mime movements.

Children copy movements simultaneously.

Part B

Teacher introduces different movements ('sound-gestures') to follow the rhythm of the music; children copy immediately.

Formation 2: Partners

Partners stand facing each other.

Part A

Partner A makes Rabbit movements to Partner B.

Partner B makes Rabbit movements to Partner A.

Part B

Partners link arms and walk or skip around each other.